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★★★★★ 2 reviews

Naturopathic/Holistic



Crystal W.
Alexandria, VA

0 friends

1 review

★★★★★ 10/4/2016

First to Review

I have been a patient of Dr. Goldsten for years. I started going to WINM when I returned from the Peace Corps and was looking for reasonably-priced natural health remedies and treatment. I've been treated for a variety of issues over the years and am now a big believer in homeopathic remedies because of the great results I've experienced after using the ones prescribed by Dr. Goldsten.

2 people voted for this review

Mary K.
Rockville, MD

0 friends

10 reviews

★★★★★ 5/16/2016

I have been dealing with chronic fatigue and exhaustion. I did a search on the internet and found Dr. Shelley at the Institute. I have also had Insomnia off and on. After meeting with Dr. Shelley she recommended a homeopathic for my thyroid, sleep, and cleansing of my liver. My energy has gotten better and I can do more of my daily chores. I am looking forward to seeing more improvement. I am so happy to find natural therapies that can help me.



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★★★★★ 1 review

Acupuncture, Reiki, Massage Therapy

Sandra B.
Silver Spring, MD

0 friends

1 review

★★★★★ 9/26/2016

First to Review

I'm a person who doesn't normally take the time to write reviews, but I had to weigh in on this one. I took classes here in Acupressure and I just want to say that I struck a gold mine when I found the Washington Institute of Natural Medicine. The classes were taught by Linda Khanzarian, a Doctor of Natural Health. Dr. Linda is an excellent teacher. I could not have asked for a better teacher than someone with her background and level of experience. She's thorough, patient, and answered most of my questions before I could even ask them. The wisdom that she shared I could not have discovered in a book on the subject or picked up from instructional videos. More than anything, her passion for the natural healing arts came through loud and clear. To say the least, it inspired me and further motivated my desire to practice Acupressure. At the conclusion of the classes, I understood a lot and felt like I received what I needed to pursue this area of the healing arts. I should also mention that I found the spa setting there to be very conducive to learning.

1 A.M. voted for this review

Useful 1

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Washington Institute of Natural Medicine - Olney, MD

★★★★★ 2 reviews [Details](#)

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Acupuncture, Massage Therapy, Naturopathic/Holistic [More](#)



Paula I. Gaithersburg, MD

0 friends

3 reviews

2 photos

★★★★★ 1/18/2018

I was referred to Victoria Goldsten for post-surgery lymphatic drainage massage. She is a nurse, massage therapist and practices holistic and traditional medicine, so has a great balance of knowledge. I was thrilled to see she was located in Olney, MD - just 2 minutes off the ICC - very convenient to where I am in Gaithersburg. My first visit she took the time to really explain why lymphatic drainage was so important, how things function, and why it is important to have lymphatic drainage. She made sure I didn't have any questions, and was extremely thorough. After each visit I was able to see results, and her prices were extremely reasonable. She is the utmost professional and has a tremendous amount of knowledge around holistic medicine as well. I felt very relaxed with Victoria, and I highly recommend her.

Teisa O.

Washington, DC

0 friends

1 review

★★★★★ 2/10/2017

First to Review

Dr Victoria Goldsten is a life saver. I've been seeing her for over a year now at her Olney office. She has treated me for a number of ailments such as sinus inflammation, congestion, hormone imbalance, anxiety and depression with homeopathic remedies which test positive for your body. She's kind and compassionate. I'm very pleased with the results.

Washington Institute of Natural Medicine - Silver Spring

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★★★★★ 3 reviews [Details](#)

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Acupuncture, Reiki, Massage Therapy [More](#)



Lara G. Washington, DC

0 friends

2 reviews

★★★★★ 1/4/2017

I enjoy going to Dr. Goldsten as I know I will get help in a the most natural way possible with the use of homeopathic remedies. She has cured me within a week where Kaiser couldn't cure me in 6 months for a very simple issue. Tired of not seeing results, or always being prescribed ineffective meds, than maybe try homeopathy. After all, it was very popular in the US many years ago and were it not for the traditional medical school curriculum that left it out along with anything else that focuses on curing the cause of the disease not just the symptoms, it would still be extremely popular today because it does indeed work.

1 person voted for this review



Della D. McLean, VA

0 friends

5 reviews

★★★★★ 10/3/2016

Dr. Jen is one of the best teachers you could ever have! Her teaching technique and ability to simplify even the most complex subjects really allow you to fully grasp even the most hardest topics taught at WINM. She's amazing and her classes are so insightful! Definitely recommended if you're looking for a career change, or just trying to grow your own personal health knowledge!

1 person voted for this review

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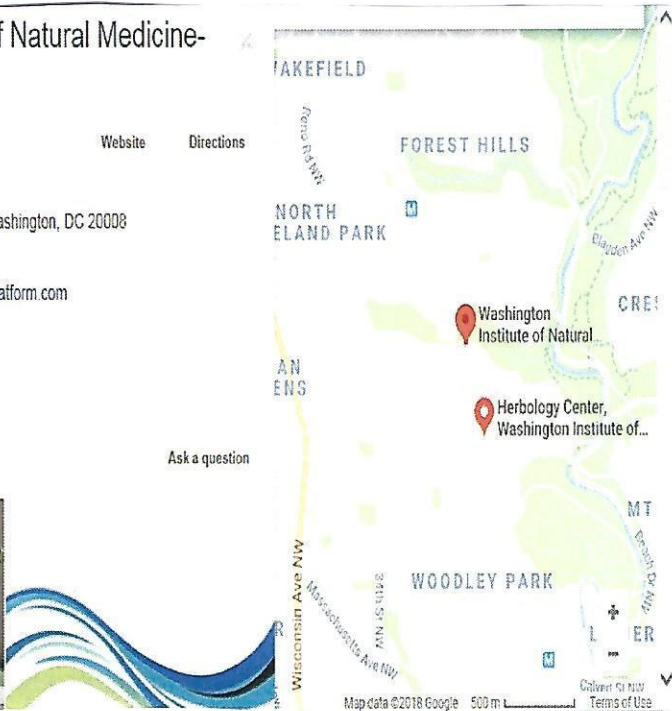
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Like

P Pat Spellman

3 reviews

★★★★★ 10 months ago

I've had three sessions with Robert White, and each used a different technique: orthopedic massage, acupuncture, and reflexology. He knows these and more. He has a skillful firm but gentle touch.

Like

M Molly Mattison

1 review

★★★★★ a year ago

Dr. Goldsten is amazing. I have had chronic back, rib and muscles issues since the birth of my daughter 9 years ago. I have gone to physical therapy for many years off and on. Nothing seems to totally help. Using Dr. Goldsten's homeopathic remedies and monthly lymphatic drainage massage, I have been pain free. I will keep coming back! Thank you, Dr. Goldsten.

Like

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